



A Precious Addition to Your Family



This is a special time for you, whether it's your first baby or you're adding to your growing family. Our PRECIOUS ADDITIONS[®] program is here for you every step of the way, offering rewards and resources to help you have the healthiest pregnancy possible. Enrolling in PRECIOUS ADDITIONS at HorizonBlue.com/preciousadditions, connects you with information and support to help you prepare for the arrival of your newborn.

PRECIOUS ADDITIONS helps expectant parents prepare for baby's arrival:

Rewards

- Earn a \$50 reimbursement for completing a prenatal parent class.

Resources

- Get online access to the *Mayo Clinic Guide to a Healthy Pregnancy*, plus an interactive healthy pregnancy calendar.

Online Tools

Sign in at HorizonBlue.com to use online tools like:

- **Pregnant Partner Support Plan**
This web-based 28-day plan from WebMD[®] guides parents-to-be on what to expect throughout the pregnancy journey, emphasizing the importance of self care, such as balanced eating, focusing on mental health and exercising regularly.
- **Online Doctor & Hospital Finder**
Find in-network care easily at HorizonBlue.com/doctorfinder.
- **Treatment Cost Estimator¹**
Estimate your labor and delivery costs based on your plan.
- **Blue365[®]**
Get exclusive discounts on items like vitamins and apparel. Learn more at HorizonBlue.com/blue365.



Enroll in PRECIOUS ADDITIONS today. Visit HorizonBlue.com/preciousadditions.

HorizonBlue.com

¹ Not all members registered for PRECIOUS ADDITIONS[®] have access to Treatment Cost Estimator. Check with your benefits administrator for details. These resources are not a substitute for the care of a doctor. If you have medical concerns or questions, contact your doctor.
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Spanish (Español): Para ayuda en español, llame al 1-855-477-AZUL (2985) (TTY 711). Chinese (中文): 如需中文協助, 請致電 1-800-355-BLUE (2583) (TTY 711).
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